

Examples of meeting schedules

Meetings last for 60 minutes, plus 30 minutes for socializing for those who can stay later.

Schedule A

- People arrive, chat, settle in
- Bow, sit for 5 - 10 minutes
- Begin reading
 - Some groups read at a slow pace, some read at a faster pace
 - Some groups prefer the “come as you are” approach
(reading together, no prior reading of material is required)
 - Some groups prefer that everyone reads the material before hand

Schedule B

- People arrive, chat, settle in
- Bow, sit for 5 - 10 minutes
- Sharing / “Check in” – what is relevant to you in connection with practice? (5 – 10 minutes)
- Begin reading
- End of the hour: Close with bow, dedicate the merit

Schedule C

- People arrive, chat, settle in
- Bow, sit for 40 minutes
- Sharing / “Check in” – what is relevant to you in connection with practice? (20 minutes)
- End of the hour: Close with bow, dedicate the merit